

*Happy is the man that findeth wisdom, and the man that
getteth understanding [Proverbs 3:13 KJV]*

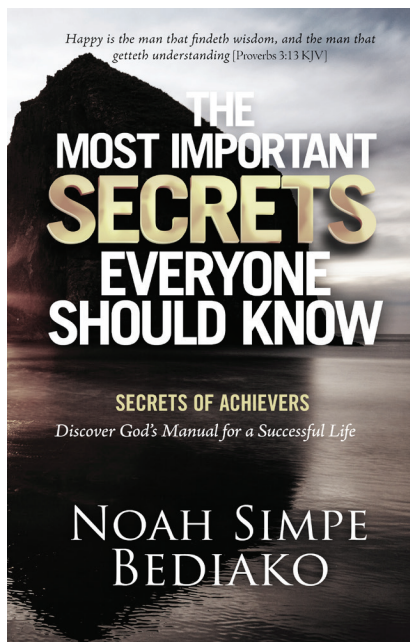
THE MOST IMPORTANT SECRETS EVERYONE SHOULD KNOW

SECRETS OF ACHIEVERS

Discover God's Manual for a Successful Life

NOAH SIMPE
BEDIAKO

THE MOST IMPORTANT **SECRETS** EVERYONE SHOULD KNOW



Unless otherwise indicated, all Scripture quotations are taken from the *King James Version* of the Bible.

The Most Important Secrets Everyone Should Know - Secrets of Achievers

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Introduction

**You were born for a purpose and filled
with potential.**

The Bible in James 3:1-5, compares our lives to ships sailing on an ocean, tossed by strong winds. James, the apostle, explains that we can, and ought to direct our ship to its destination.

In this Scripture, he teaches that all of us often make mistakes. *“But if a person never makes mistakes in what he or she says, then he or she is perfect and is also able to control his or her whole being. (4) Think of a ship: big as it is and driven by such strong winds, it can be steered by a very small rudder, and it goes wherever the pilot wants it to go.”* (James 3:2, 4 GNB).

He mentions five things: the ship, the pilot, the strong winds, the rudder, and the oceans.

1. The ship is our lives.
2. The pilot is our inner man.
3. The strong winds are the events and circumstances of life.
4. The rudder is the tongue.
5. The ocean is life itself.

Three fundamental truths I want you to understand is that:

1. You are full of potential.
2. Several forces will try to control your journey in life.
3. You can actually steer your life in the right direction.

Your Life is Loaded with Great Potential

You have a great potential buried deep in your spirit. You were born with talents and gifts buried inside you. You must identify and harness these potentials for great results. You

are a merchant ship on a mission.

Your Life May Come Under Siege of Great Winds of Life's Circumstances

We are on an ocean called life. Therefore, there will be times when the circumstances and events will try to influence you in the direction contrary to the purpose. You must take charge of your life and steer it towards God's purpose for your life.

You ought to maintain focus and drive to your destination, which is mostly predestined. Do not allow the challenges of life to stop you. You must take charge and drive, forge forward!

Your Life Can Be Steered If You Take Charge

Your life is a ship, and God has appointed you as its pilot. You are the pilot of your life. Steer your life to its destination. No ship just arrives at its destination. There is always a pilot who steers it there.

In the midst of great winds, the pilot ought to know where he is going and strive to get there. You have need of;

1. Vision
2. Hope
3. Confession

You must have a clear, succinct vision of where you are going.

You must know what your assignment is. Where are you going? Abraham was looking forward to a city, whose builder and designer is God.

HEBREWS 11:10 GNB

For Abraham was waiting for the city which God has designed and built, the city with permanent

foundations.

Secondly, you should hope in the goodness and faithfulness of God.

It takes an expectation and hope in the Lord's goodness to be able to steer through the strong winds that are contrary. You need to hope that you will see the goodness of the Lord in the land of the living.

PSALMS 27:13

I had fainted, unless I had believed to see the goodness of the LORD in the land of the living.

Romans 4:17-20 teaches us that Abraham hoped against hope because he believed God.

ROMANS 4:17-20 MKJV

(as it has been written, "I have made you a father of many nations") --before God, whom he believed, who makes the dead live, and calls the things which do not exist as though they do exist.

(18) For he who beyond hope believed on hope for him to become the father of many nations

(according to that which was spoken, “So your seed shall be”).

(19) *And not being weak in faith, he did not consider his own body already dead (being about a hundred years old) or the deadening of Sarah’s womb.*

(20) *He did not stagger at the promise of God through unbelief, but was strong in faith, giving glory to God,*

Remember that the hope of the righteous (a man with a right standing with God) shall not be cut out.

PROVERBS 10:28 MKJV

The hope of the righteous is gladness; but the hope of the wicked shall perish.

This hope that we have in the Lord births in us a compelling desire to influence the direction of our lives, and it also spurs us on.

Lastly, your tongue is the rudder of your life, by which we turn our lives.

The Apostle therefore taught that we should align our tongue with our desire and not with the circumstances. In all situations, we should speak our faith and desire, and not our fears or dreads.

The Mystery of Achievement

To achieve is to set and attain goals

Many people are not going anywhere in life because they are refusing to set and pursue goals. The simple mystery that makes people achievers is the truth that they set and pursue goals. This pursuit involves three simple secrets:

1. Dreaming.
2. Reaching.
3. Expanding.

Dare to Dream

To dream is to receive a mental perception of a thing, sometimes with the pictorial or the visual images. This is actually the seed of all

achievements. All achievers dream. They set goals based on what they visualize. They set clear goals and design paths.

You do not have to be an expert on dreaming to dream. Dreaming begins with the simple question “who do I see myself to be”. The common error of many persons is how they dream. You do not have to say, “I see myself becoming a medical specialist”, when you have not passed your Junior High School Examinations. You should first dream of becoming a medical doctor someday, because being a specialist is a rank.

I did not set out to be a bestselling author, and neither you nor friends can make me a bestselling author. Ecclesiastes 9 teaches that *“the race is not to the swift... time and chance happens to them all”*. I just dreamt to be an author and started writing.

ECCLESIASTES 9:11 MKJV

I returned and saw under the sun that the race is not to the swift, nor the battle to the strong, nor

yet bread to the wise, nor yet riches to men of understanding, nor yet favor to men of skill; but time and chance happens to them all.

Dare to Reach

Reaching for your dream involves two steps;

1. Preparing for the dream.
2. Promoting the dream.

The journey to reach your goal begins with preparation and then comes promotion. Prepare for the dream, mobilize resources, and start working on the dream. Dare to tell others about what you are achieving. Others should know what you have prepared for so that they could give you the opportunity to showcase your dream.

For instance, with my decision to be an author, I started by preparing for the dream. By the grace of God, I have several titles. I did not start with a book, I started with a letter.

Never forget that the man who moved a mountain began by picking small stones. For instance if you are tasked with moving a mountain, start by picking small stones. So keep picking until you can afford a powered truck; then keep working till you can engage other people. Friend, the virtue of achievers is simple, dream and start with what you have. The Scriptures say in Proverbs;

PROVERBS 21:25

The desire of the slothful killeth him; for his hands refuse to labour.

It is not enough to have a vision or a dream. You must pursue your dream and follow clear paths. When God decided to take Israel to the land of Canaan, He had a path.

Reading Exodus 13:17-18 (MKJV) reveals that,

And it happened, when Pharaoh had let the people go, God did not lead them by the way of the land of the Philistines although that was near. For God said, Lest the people repent when they see war, and

they return to Egypt.

(18) But God led the people around, by the way of the wilderness of the Red Sea. And the sons of Israel went up armed out of the land of Egypt.

All achievers have a strategic path they take.
They move from;

1. The Thinkshop to
2. The Talkshop to
3. The Workshop to
4. The Marketplace and to
5. The Advertiser

Dare to Expand

Once you have reached your dream, which is the status quo, dare to expand. Expanding your dream involves two things:

1. Expanding your vision
2. Expanding your influence

After succeeding with little things, you will gain the experience to handle bigger and tougher challenges. You can expand your

vision and influence through the power of prayer, strategizing and wisdom.

Through prayer and brainstorming:

1. **Find creative ways** to expand your vision and influence.
2. **Design strategic paths** to reach new goals.
3. **Promote your success** until the world knows it.

The Mystery of Standing Out

To stand out is to excel, to project, to be prominent, to refuse to comply or yield.

This session deals with the mysteries that can empower you to refuse to yield to failure and ordinariness.

This is because many people do not acknowledge ordinary people. Your achievement will be acknowledged by your generation if you dare to become outstanding, the odd one out, and extraordinary. If you want your achievements to be acknowledged, then you must be outstanding until you stand out. Three helpful keys to standing out are;

1. Desire
2. Decision
3. Dedication

Remember that just standing is not easy, let alone to stand out. You must therefore prepare your mind for the drill. Everything will test you. The challenge of standing on your feet until everything bows to you is what makes you worth the honour of standing out. Many of the people who will begin with you will bow out until you stand out. So brace your mind and spirit for the journey.

Desire

Every outstanding achievement is driven by a compelling and unmatched desire. This is because no achievement worth commending comes on a silver platter.

If you lift a weight of 50kg, the equivalent of a cement bag in Ghana, it is a great achievement, yet no one will acknowledge

you for it. However, lifting a weight of 80kg may get the attention of many people. The only issue here is that lifting 80kgs does not come to men sleeping on a bed of feathers. So agree with me that it will take a lot of tenacity, fortitude, and long-suffering to lift a heavier weight.

Every significant achievement of man is birthed from within through a divine stirring called desire. Philippians 2:13 says, "*it is the Lord that makes you to will and to do of his good pleasure*". All achievers have a compelling desire that keeps them through the storm, heckle, and pain of making it.

Decision

It is not enough to desire that you want to stand out; you must decide to pay the price and put in the effort to get the results. The Bible says in Proverbs 21:25 that the desire of the slothful killeth him; for his hands refuse

to labour. We need the will and decision to achieve.

PROVERBS 21:25 MKJV

The desire of the lazy man kills him, for his hands have refused to work.

The path towards standing out can be odious and challenging. Without a decided heart, you will bow out.

Let us consider one of the outstanding apostles of our faith, Paul. We all know that although he was the last of the foundational apostles of our Christian faith, he achieved so much. His achievements are so outstanding that no man has perhaps been able to make him look insignificant. What was the secret of Paul's success?

Let us read this truth in his own words. In one of his letters to his church in Philippi;

PHILIPPIANS 3:12-13

Not as though I had already attained, either were already perfect: but I follow after, if that I may

apprehend that for which also I am apprehended of Christ Jesus.

*(13) Brethren, I count not myself to have apprehended: but **this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,***

Paul made up his mind. His goal was his focus. He put everything behind him. He put both his victories and failings behind him. He had a decided heart. In one instance, while he was on his way to Jerusalem, his brethren tried to restrain him, following revelations they had about what will happen to him in Jerusalem. Yet Paul was so decided to reach his goal that he answered them sharply. Let us read that account too;

ACTS 19:21

*After these things were ended, **Paul purposed in the spirit**, when he had passed through Macedonia and Achaia, to go to Jerusalem, saying, After I have been there, I must also see Rome.*

After he purposed in his spirit, the revelation that the church received concerning the trip

was contrary, yet none of those things could move him. Read on:

ACTS 20:22-24

And now, behold, I go bound in the spirit unto Jerusalem, not knowing the things that shall befall me there:

(23) Save that the Holy Ghost witnesseth in every city, saying that bonds and afflictions abide me.

*[24] **But none of these things move me**, neither count I my life dear unto myself, so that I might finish my course with joy, and the ministry, which I have received of the Lord Jesus, to testify the gospel of the grace of God.*

This man was decided to stand out. He was not moved by situations and circumstances but he forged through.

Dedication

All great achievements come through dedication. It comes through unmatched dedication. The Bible says in Proverbs 12:24

that “*the hand of the diligent shall bear rule: but the slothful shall be under tribute*”. If you decide to build a tower, you must not push as if you were constructing a table, because it takes much more effort to build a tower than to build table. You need dedication that is birthed through perceiving life in the right way.

The apostle was not only decided but he was also dedicated to his purpose.

PHILIPPIANS 3:14-17

I press toward the mark for the prize of the high calling of God in Christ Jesus.

[15] Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.

[16] Nevertheless, whereto we have already attained, let us walk by the same rule, let us mind the same thing.

[17] Brethren, be followers together of me, and mark them which walk so as ye have us for an ensample.

This Apostle Paul wrote to his church in Corinth that he laboured abundantly.

1 CORINTHIANS 15:9-10

For I am the least of the apostles, that am not meet to be called an apostle, because I persecuted the church of God.

*[10] But by the grace of God I am what I am: and his grace which was bestowed upon me was not in vain; but **I laboured more abundantly than they all**; yet not I, but the grace of God which was with me.*

We must dedicate ourselves to our task.
I must say dedication is the mother of all excellence.

*You can stand out
You must stand out
You will stand out*

The Mystery of Shining

*To shine means to glow or to appear
preeminent.*

We are the light of the world. Therefore, the Lord desires that we become preeminent and influence others with our light. God's plan for us is to influence our world¹. He wants us to shine before men so that they will find light in our light.

Three simple secrets to shining and preeminence are;

1 Read more on this subject in Rev. Noah Simpe Bediako's book, *'Influencing Your World with Light'*.

Download a free ebook copy at <https://simpebediako.com/shop>

1. Ignition
2. Positioning
3. Burning

Ignition

PROVERBS 27:17 KJV

Iron sharpeneth iron; so a man sharpeneth the countenance of his friend.

Your spirit gets ignited through the inspiration you receive through fellowshiping with other men. I get ignited and inspired by other men who have attained heights in my field of endeavor. There are even times when my own peers inspire me with their achievements, and then I receive fresh energy to press on.

If you want to rise to preeminence, allow other men with light and savour to ignite your spirit. As an author, I read from several other authors. I read and write. That is my business. I get inspired while reading from authors,

most of whom are popular.

Positioning

No matter how big or how bright your light or glow is, you cannot shine from under a basket. You will become preeminent if you position yourself properly in the market place. Strategically, you must position yourself to enjoy your share of attention from people. Our Lord Jesus Christ said, *“when men light a candle; they do not put it under a bushel but on a candlestick”* (Luke 11:33).

The difference between big and small stars is not in the strength of their glow but their position.

Many sportsmen in many third world countries may be better than those in the developed nations, but the lack of exposure, resources and understanding stifles many of us. It is important therefore to strive to be positioned strategically to command attention.

Burning

Shining stars are the ones that keep glowing even in the midst of strong winds. Though life is full of challenges, make up your mind to stand fast, and look unto Jesus. Success, they say, is a journey and not a destination. Achievement is, however, a one time thing. You rise to preeminence by a series of achievements. Elton John's candle in the wind reinforces the truth that the real value of a candle is not just in how brightly it glows, but to what extent it can survive in the world.

The Mystery of Maximizing Potential

Potential is the latent, yet undeveloped, capacity. It is an undeveloped power of doing work possessed by a body by virtue of its position.

Potential is useful only if it is efficiently and effectively harnessed. You can maximize your potential by;

1. Sharpening your tools
2. Seizing the moment
3. Pursuing your goals with diligence

Sharpening Your Tools

Ecclesiastes 10:10 teaches that *“if the iron be blunt, and he do not whet the edge, then must he put to more strength: but wisdom is profitable to direct”*. Sharpening your skills is important for your assignment. Sharpening tools aid the maximization of potential. This is simply because with sharpened tools, even little strength can achieve much.

You may sharpen your tools for life through understanding, discretion, and association. The Bible says *“wisdom is profitable to direct”*. Without wisdom, we waste strength and potential.

Iron sharpens iron.

Seizing the Moment

A moment is the synergy created by combining time, chance, and strategy.

You can maximize your potential by

seizing the moments. This comes through understanding the relationship between;

1. Purpose
2. Time
3. Strategy

You must understand the time of your life. In Psalm 90:1-17, we learn that our time of life is grass which grows up. It grows, blossoms and flourishes in the morning, but in the evening it is cut down, and withers. All our days pass swiftly; we spend our years as a tale that is told. Verse 10 says, *“The days of our years are three score years and a ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away”*. The Psalmist also said, *“so teach us to number our days, that we may apply our hearts unto wisdom”* (Psalm 90:12).

Remember, in Ecclesiastes 8:6 the Bible says, *“to every **purpose** there is **time** and **judgment**, therefore the misery of man is great upon him”*.

1. In the first third of our lives, we prepare for our purpose

2. In the second third of our lives, we ought to pursue our purpose
3. In the last third of our lives, we should be preserving our purpose

To buy up the moments, you must know the times and season and what you ought to be doing in each season. The great man Solomon said in Ecclesiastes 9:11, *“I returned, and saw under the sun, that the race is not to the swift, nor the battle to the strong, neither yet bread to the wise, nor yet riches to men of understanding, nor yet favour to men of skill; but **time and chance** happeneth to them all”*.

Get Understanding

Seize your moments through understanding. To seize the moments actually means using the right strategy to grab the right opportunity at the right time. The difference in equals is in how well they seize the moments. This will require;

1. Acting in time

ECCLESIASTES 3:1 MKJV

To every thing there is a season, and a time for every purpose under the heavens:

ECCLESIASTES 3:11 MKJV

He has made everything beautiful in His time; also He has set eternity in their heart, so that no man can find out the work that God makes from the beginning to the end.

ECCLESIASTES 8:6 MKJV

Because to every purpose there is time and judgment, therefore the misery of man is great on him.

2. Acting with purpose (Ecclesiastes 3:1)
3. Acting with discretion (Ecclesiastes 8:6)
4. Overcoming obstacles

HEBREWS 12:1-3 MKJV

(1) *Therefore since we also are surrounded with so great a cloud of witnesses, let us lay aside every weight and the sin which so easily besets us, and let us run with patience the race that is set before us,*

(2) *looking to Jesus the Author and Finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and sat down at the right of the throne of God.*

(3) *For consider Him who endured such contradiction of sinners against Himself, lest you be weary and faint in your minds.*

5. Focusing on Jesus Christ (Hebrews 12:1-3)

Purpose your purpose with all you have and all you are.

Use the four stages of strategizing

For instance, prayer is good, but prayer alone does not achieve a purpose, but those who maximize their potential must complete the four stages of every good strategy

1. You must purpose
2. You must pray
3. You must plan
4. You must pursue your purpose with diligence.

Pursuing Your Goal with Diligence

A man that is diligent in all his ways stands before kings and not mean men.

PROVERBS 21:5

The thoughts of the diligent tend only to plenteousness; but of every one that is hasty only to want.

To be diligent is to be thorough and conscientious through adding virtue to virtue

Diligence means to do what you are doing with the required attitude and disposition to life. Many saints do not abound with life because they do not know how to add virtue to virtue.

2 PETER 1:5-7 KJV

And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge;

(6) And to knowledge temperance; and to

temperance patience; and to patience godliness;
(7) And to godliness brotherly kindness; and to
brotherly kindness charity.

Having faith alone is not enough, you need knowledge, temperance, patience, godliness, brotherly kindness and charity.

The master key of diligence brings prosperity. A man that is diligent has abundance. Being diligent is doing the right thing at the right time and in the right way with the right heart. This attitude makes us fat and prospered.

PROVERBS 22:29

Seest thou a man diligent in his business? he shall stand before kings; he shall not stand before mean men.

There is the need to pursue your purpose with all diligence. Remember that there is profit in all labour. Faith births possibilities but works get results.

JOHN 14:12

Verily, verily, I say unto you, He that believeth

on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

Are you a believer? What do you believe? I have news for you, your faith endows you with the potential to do greater works. This year is about to release the greater blessing of God upon you if only you can believe.

MARK 9:23

Jesus said unto him, If thou canst believe, all things are possible to him that believeth.

Believing on Christ ushers you into a world of possibilities. All things are possible to them that believe. Does it just happen? Jesus said if you can believe, you can do greater works. The power knob is doing. Without the doing, the works shall not be released. As we already know, the Acts of the Apostles were written because the apostles acted. Your biography would also be “an Act” if you arise and act.

MARK 16:20

And they went forth, and preached every where,

the Lord working with them, and confirming the word with signs following. Amen.

He went out and did work. You can get results if you go out and work. Faith without works is vanity. Faith that produces greater works must have works that come with it.

JAMES 2:20

But wilt thou know, O vain man, that faith without works is dead?

You can increase your output.

The example of the early church is the greatest example of a nation that was diligent about discharging the Master's will.

ACTS 6:1-8 MKJV

And in those days, the disciples having multiplied, a murmuring of the Hellenists against the Hebrews occurred, because their widows were overlooked in the daily serving.

(2) And the Twelve called near the multitude of the disciples and said, It is not pleasing to us, leaving the Word of God, to serve tables.

(3) Therefore, brothers, look out among you seven men being witnessed to, full of the Holy Spirit and wisdom, whom we may appoint over this duty.

(4) But we will give ourselves continually to prayer and to the ministry of the Word.

(5) And the saying pleased all the multitude. And they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicholas, a proselyte of Antioch.

(6) They set these before the apostles. And having prayed, they laid hands on them.

(7) And the Word of God was increasing. And the number of the disciples in Jerusalem was multiplying exceedingly; even a great crowd of the priests obeyed the faith.

(8) And Stephen, full of faith and power, did great wonders and miracles among the people.

Diligent people prepare for their purpose

Prepare for greater works through;

1. Skills development

2. Faith building
3. All kinds of prayer
4. Fasting

You can do the works of Christ, and even greater when you are anointed with the Holy Ghost and with power. You may have believed, but until you have been anointed by God, you cannot do even the works of Christ, let alone greater works.

ACTS 10:38

How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.

In this year, strive for two things, faith and the anointing. These two forces enable you to do greater works.

Diligent people give themselves wholly to their core business

When Jesus discovered His purpose, He gave Himself wholly to it. He considered

His purpose as His necessary food. Give yourself wholly to your core business. After the anointing in Acts 10:38, our Lord Jesus Christ stepped out into the cities, villages, and country, and He did what He was best trained to do.

Delegate other business

There is the need to delegate other business to faithful others who are competent at them.

The Mystery of Mastery

Mastery is the condition for crowning.

1 CORINTHIANS 9:24-27

Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain.

(25) And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible.

(26) I therefore so run, not as uncertainly; so fight I, not as one that beateth the air:

(27) But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.

It is not just a matter of completing a task,

but completing it with mastery. Those who strive for a crown strive for mastery and strive lawfully.

We shall be discussing three helpful secrets of mastery;

1. Strive lawfully
2. Imitate the masters
3. Overcome the body

Strive Lawfully

There is a law that governs every field of play. People who attain unto mastery observe those rules. They play skillfully by observing the laws. In 2 Timothy 2:5, we learn that, *“if a man also strive for masteries, yet is he not crowned, except he strive lawfully”*. This is more than just winning but winning fairly and lawfully. You cannot become a master at doing anything, unless you are ready to strive to do those things lawfully.

Imitate the Masters

The supreme mystery to mastery is imitating the masters. There is a virtue in copying. Copy and apply what you learn to your particular case. Imitate the masters. This is one way to excel. 1 Corinthians 4:15-16 teaches that *“though ye have ten thousand instructors in Christ, yet have ye not many fathers: for in Christ Jesus I have begotten you through the gospel. (16) Wherefore I beseech you, be ye followers of me”*.

Overcome the Body

The man that overcame Everest said that he did not overcome Everest, rather he overcame his own body. When you succeed at overcoming your body, you have overcome to be a master.

Empower the Body

The body sometimes hinders our journey to faith, achievements and spirituality because it

is weak. Peter indeed wanted to even die for the Lord but he could not even watch with the Lord in prayer for an hour, and Jesus said it was because his body was weak. The spirit might be willing but the flesh may be weak.

MATTHEW 26:41

Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.

Having said already that the body is the casing within which we relate with the natural world as men, it is important to empower the body to carry you far.

PSALMS 90:9-10

For all our days are passed away in thy wrath: we spend our years as a tale that is told.

(10) The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.

The great Apostle, Moses, teaches us that though man may have a defined span of life, every man could go further if his or her body

has strength. Now it is also clear in Scripture that *“if the spirit of him that raised Jesus Christ from the dead abides in you, he shall quicken your mortal bodies”*.

ROMANS 8:11 ESV

If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

The secret to longevity and bodily strength is the anointing. Now, prayer and fellowship is the process by which we receive the Spirit of He that raised Christ from the dead.

Subdue the Body

You can overcome if you subdue the body under the authority and leadership of the Spirit of God. The body is loose and weak. The body is at the disposal of all external forces. You can therefore overcome when you subdue the body and put it under control.

1 CORINTHIANS 9:27 ESV SAYS;

“But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified”.

The body has the tendency to interrupt and get in the way. The body can be a major hindrance. Almost all sportsmen, Olympic medalists and men of the spirit know this one truth. You shall also overcome, if you learn to subdue the body.

Yield Your Body to God

You can overcome the body, if you yield it to God as an instrument of righteousness. No law has the capacity to keep men from doing evil and thereby, keep them from failing to overcome. The greatest secret is to yield your body to God.

ROMANS 6:13 ESV SAYS;

*Do not present your members to sin as instruments for unrighteousness, but **present yourselves to God** as those who have been brought from death to life,*

and your members to God as instruments for righteousness.

Yield your body as an instrument of good and righteousness. The problem with many is that they are not yielded to God.

Be Temperate

Many people are unable to overcome because they are either righteous overmuch, or overly wicked. Read this carefully:

ECCLESIASTES 7:16-17 ESV

Be not overly righteous, and do not make yourself too wise. Why should you destroy yourself?

(17) **Be not overly wicked**, neither be a fool. Why should you die before your time?

In conclusion, the preacher says, do all things in moderation. Go all out for God, but do all things in moderation.

Release your body to do things that are expedient, profitable, and edifying.

Though all things are lawful to you as a Christian, not all things are helpful and edifying. Not all things build you up. Some things tear you down. Smoking is lawful to you, but smoking does not build you up, smoking kills.

1 CORINTHIANS 10:23 ESV

“All things are lawful,” but not all things are helpful. “All things are lawful,” but not all things build up.

Besides the fact that some things do not edify, do not allow anything to control you. Things that should control your life are the word and Spirit of God, and legitimate authority. Refuse all forms of addictions and bondages.

1 CORINTHIANS 6:12 ESV

“All things are lawful for me,” but not all things are helpful. “All things are lawful for me,” but I will not be enslaved by anything.

Give Yourself Wholly to Your Purpose in Life

Life is about purpose, plans, and pursuits. Life is about work, fellowship, and dominion. Work with your own hands at your purpose. 1 Thessalonians 4:11 says that “*ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you*”; Never become a busy body. Work with your hands quietly.

Eat and Drink Healthily

Know yourself well and the kind of food that is good for you. Eat and drink healthily. 1 Timothy 5:23 says, “*Drink no longer water, but use a little wine for thy stomach’s sake and thine often infirmities*”. Remember that for the child of God, alcohol is not a beverage. God created alcohol for medicinal and therapeutic purposes and not as food.

Exercise Yourself unto Godliness

Watch, study, fast and pray. These godly exercises are good and necessary for the function of the body. 1 Timothy 4:7 says, *“refuse profane and old wives’ fables, and exercise thyself rather unto godliness”*.

Exercise Your Body

This has little profit, but is still very useful in overcoming the body. Do not however spend all your time on bodily exercises. 1 Timothy 4:8 says that, *“bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come”*. At least, get the little profiting without neglecting the real things.

Rest

Sometimes, we pay very little attention to resting, but a rested body is far more effective and efficient, even spiritually. Psalm 127:2 says

“It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he giveth his beloved sleep”. Let nothing interrupt your sleep, except for God.

Have Sex with Your Wife or Husband Regularly

This is one of the master keys to overcoming the incontinence of the body.

1 CORINTHIANS 7:1-5 MKJV

- (1) Now concerning what you wrote to me: It is good for a man not to touch a woman.
- (2) But, because of the fornications, let each have his own wife, and let each have her own husband.
- (3) Let the husband give to the wife proper kindness, and likewise the wife also to the husband.
- (4) The wife does not have authority over her own body, but the husband. And likewise also the husband does not have authority over his own body, but the wife.
- (5) Do not deprive one another, unless it is with consent for a time, so that you may give

yourselves to fasting and prayer. And come together again so that Satan does not tempt you for your incontinence.

The Mystery of Humanity

*You must understand that men will
always be men*

Achieving heights in life is not a joke. It takes place in a real world of business. It takes place in a realm of reality and not idealism. Every one of us operates in the midst of people. You must therefore be open to the reality of human behaviour. It is important for you to learn the following lessons;

Men Look on the Outward Appearance

The first lesson you must know about men is that they will always look on the outward.

This may be a hard fact, but that is the truth. Most people pick a product by the package. Let us recount the story of Samuel, the prophet, in the house of Jesse. He came to the house of Jesse to anoint one of his sons as king over Israel.

1 SAMUEL 16:6-7 MKJV

And it happened as they came in, he saw Eliab and said, Surely Jehovah's anointed is before Jehovah.

*(7) But Jehovah said to Samuel, Do not look on his face, nor on his height, because I have refused him. For He does not see as man sees. For **man looks on the outward appearance**, but Jehovah looks on the heart.*

Most people buy products by the package. It is important for you to understand that you are a packaged product to this generation. Please, never compromise on your package; groom yourself for your market. Even though people pick a product by the package; they will continue to patronize it if the content is good. You will succeed in the market place of life if your package, content and prices are

competitive.

Men are Ungrateful and Unreliable

Never have confidence in people who have not proven to be trustworthy. Trust is like a gem; give it to people who have proven to be trustworthy.

PROVERBS 20:16 MKJV

Take the garment of him who is surety for a stranger; and take a pledge from him for strangers.

Why should you take the garment of a person who is surety? You should because Proverbs 11:15 teaches that He who makes himself responsible for a strange man will undergo much loss; but the hater of such undertakings will be safe.

PROVERBS 11:15 MKJV

He who is surety for a stranger shall be ruined; and he who hates suretyship is safe.

Prove all men and women before you trust them, but give them the benefit of the doubt.

Men are Unpredictable

When men sing your praise, acknowledge it, but focus on your goal. This is because men are very unpredictable. The same group that sang hosanna, gave birth to those who shouted crucify him.

JOHN 2:23-25 KJV

Now when he was in Jerusalem at the passover, in the feast day, many believed in his name, when they saw the miracles which he did.

(24) But Jesus did not commit himself unto them, because he knew all men,

(25) And needed not that any should testify of man: for he knew what was in man.

Conclusion

Though men will always be men, remember
you will always work with and around men.

I would admonish you to focus on your goal.

The Mystery of Divine Catalyst

After all is said and done, it would take divine catalyst.

2 CORINTHIANS 13:14

The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, be with you all. Amen.

This apostolic benediction to the church in Corinth indeed sums up the secrets to facilitate the unfolding of the power to shine. These are the secrets to success without sweat. These three inputs are the catalysts that speed up the process and optimize output. They are;

1. The grace of our Lord Jesus Christ
2. The love of God
3. The communion of the Holy Ghost

Provoking Divine Grace

LUKE 1:26-28 KJV

And in the sixth month the angel Gabriel was sent from God unto a city of Galilee, named Nazareth,

(27) To a virgin espoused to a man whose name was Joseph, of the house of David; and the virgin's name was Mary.

(28) And the angel came in unto her, and said, Hail, thou that art highly favoured, the Lord is with thee: blessed art thou among women.

Throughout the history of man, one woman who was highly given grace by God was Mary, the mother of Jesus. She was highly favoured above all women. Was she a special kind of person? No, she was an ordinary city girl who was confronted with the challenges of her time, yet she found grace with God.

Grace is from the Greek word 'Charis' meaning, the divine influence upon the heart and its reflection in life. Grace is a divine unction, which enlightens, comforts, harmonizes and purifies the mind.

Now our Lord Jesus Christ is the distributor and giver of all these divine unction of grace. Grace is not arbitrarily given, but its distribution is provoked by certain factors.

Grace is Released on People Fit for the Assignment

Be fit for the prophecy. Mary received the grace because she was fit for the prophecy. The prophecy had it that a virgin shall be with child. It did not matter how much God loved Mary, she had to be a virgin to become the prospective mother of Jesus Christ.

Listen, your assignment determines your grace. You must first of all be qualified for the assignment before you can receive the favour. If you are a driver in a hospital, the greatest favour God can show you is to make you the transport manager. If you want to be a specialist surgeon in the clinic, then you may have to go to medical school for some specialized training.

Faith Gives Access to Grace

Faith provokes grace. To receive grace, Mary had to believe God.

ROMANS 4:16

Therefore it is of faith, that it might be by grace; to the end the promise might be sure to all the seed; not to that only which is of the law, but to that also which is of the faith of Abraham; who is the father of us all,

The Bible says it is of faith, so that it might be by grace. Faith indeed provokes grace.

ROMANS 5:2

By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God.

Faith gives us access into this grace. Wow!
Faith gives access.

Grace is Ministered Through Words

The grace of God is ministered using words that edify. Mary increased in grace because she fellowshipped with Elizabeth who spoke with grace.

EPHESIANS 4:29

Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.

Grace is According to the Measure of the Gift of Christ in You

EPHESIANS 4:7

But unto every one of us is given grace according to the measure of the gift of Christ.

Grace Comes Through the Effectual Workings of the Power of God

EPHESIANS 3:7

Whereof I was made a minister, according to the gift of the grace of God given unto me by the

effectual working of his power.

Grace is Released Through Prayer

When men pray, God gives them grace to carry on and through.

HEBREWS 4:16

Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Come boldly in prayer. Read the account of Apostle Paul on how he confronts an infirmity.

2 CORINTHIANS 12:7-9 MKJV

and by the surpassing revelations, lest I be made haughty, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be made haughty.

(8) *For this thing I besought the Lord three times, that it might depart from me.*

(9) *And He said to me, My grace is sufficient for*

you, for My power is made perfect in weakness. Most gladly therefore I will rather glory in my weaknesses, that the power of Christ may overshadow me.

Grace Comes Through Humility

JAMES 4:6

But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.

God resists the proud and gives grace to the humble.

1 PETER 5:5-6

Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble.

(6) Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

Grace Multiplied Through the Knowledge of God

2 PETER 1:2

Grace and peace be multiplied unto you through the knowledge of God, and of Jesus our Lord,

It is just by His grace that we are not consumed. Amen.

Provoking Divine Love

ROMANS 9:10-16

And not only this; but when Rebecca also had conceived by one, even by our father Isaac;

(11) *(For the children being not yet born, neither having done any good or evil, that the purpose of God according to election might stand, not of works, but of him that calleth;)*

(12) *It was said unto her, The elder shall serve the younger. (13) As it is written, Jacob have I loved, but Esau have I hated.*

(14) *What shall we say then? Is there unrighteousness with God? God forbid.*

(15) *For he saith to Moses, I will have mercy on whom I will have mercy, and I will have*

compassion on whom I will have compassion.

(16) So then it is not of him that willeth, nor of him that runneth, but of God that sheweth mercy.

Love, from the Greek word 'Agape', means the manifestation of God's goodness and favour in the pardon of sin; in the communication of His grace in comfort and consolation which He imparts to His people.

Now, the Scripture we just read tells us that before any of them would do wrong or right, God said "Jacob have I loved, Esau have I hated". We are therefore unaware of the real reasons that provoked God's love. However there are vivid records of provokers of love.

God Loves People Who Have Faith

The Father loves those who believe the Son.

JOHN 16:27

For the Father himself loveth you, because ye have loved me, and have believed that I came out from God.

The Father Loves Those Who Love Christ

The Father loves those who love the Son.

JOHN 16:27

For the Father himself loveth you, because ye have loved me, and have believed that I came out from God.

God Loves Those Who Obey His Word

JOHN 14:21

He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him.

The father loves those who obey the commandment of the Son. Now the commandment of the son is to love the Lord and love your neighbour with a proportionate love. Your love for your neighbour should be driven from your love for God.

If you do not love God, giving water to three million starving people in Africa is a waste of time. Love God first and love your neighbour.

God Loves Those Who Follow Righteousness

The father loves those who have a right standing with Him through faith.

PROVERBS 15:9

The way of the wicked is an abomination unto the Lord : but he loveth him that followeth after righteousness.

God Loves a Cheerful Giver

2 CORINTHIANS 9:7

Every man according as he purposeth in his heart, so let him give ; not grudgingly, or of necessity: for God loveth a cheerful giver.

God Loves Those Who Pursue Godliness

One thing we know about the two brothers is Jacob was a supplanter and Esau was a profane person. God's love makes all the difference.

Communing with Divinity

2 CORINTHIANS 13:14

The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, be with you all. Amen.

The word, communion, used in the verse is from the Greek word 'Koinonia', meaning partnership (participation).

It is actually an intercourse with the Holy Spirit. The communion of the Holy Spirit is the fellowship - support - intercourse of the Holy Spirit. In this communion, we strive to become one with the Spirit. You can do this in a regular meeting with the Holy Spirit called Quiet Time². It is time alone with God, where

2 Rev. Simpe's book, *Prayer - God's Master Key to*

He releases His nature as a support to us.

Four important ingredients that make these meetings blissful and effective are:

A Proper Attitude

PSALMS 63:1-11 CEV

(A psalm by David when he was in the desert of Judah.) You are my God. I worship you. In my heart, I long for you, as I would long for a stream in a scorching desert.

(2) I have seen your power and your glory in the place of worship.

(3) Your love means more than life to me, and I praise you.

(4) As long as I live, I will pray to you.

(5) I will sing joyful praises and be filled with excitement like a guest at a banquet.

(6) I think about you before I go to sleep, and my

Deal with Impossibilities, is an in depth teaching on the subject of prayer. Download an ebook copy at <https://simpebediako.com>

thoughts turn to you during the night.

(7) You have helped me, and I sing happy songs in the shadow of your wings.

(8) I stay close to you, and your powerful arm supports me.

(9) All who want to kill me will end up in the ground.

(10) Swords will run them through, and wild dogs will eat them.

(11) Because of you, our God, the king will celebrate with your faithful followers, but liars will be silent.

The best attitude is that of longing, intimacy, romance, and submission.

A Specific Time

GENESIS 3:8

And they heard the voice of the Lord God walking in the garden in the cool of the day: and Adam and his wife hid themselves from the presence of the Lord God amongst the trees of the garden.

The most appropriate time is during the cool of your day. Maybe morning by morning; noon by noon; and evening by evening; or all three times.

ISAIAH 50:4 MKJV

The Lord Jehovah has given Me the tongue of the learned, to know to help the weary with a word. He wakens morning by morning, He wakens the ear to hear as the learned.

MARK 1:35 MKJV

And rising up quite early in the night, He went out and went away into a deserted place, and He was praying there.

DANIEL 6:10 MKJV

And when he had learned that the document was signed, Daniel went to his house. And his windows were open in his roof room toward Jerusalem; and he kneeled on his knees three times a day and prayed, and gave thanks before his God, as he did before.

A Special Place

MARK 1:35

And in the morning, rising up a great while before day, he went out, and departed into a solitary place, and there prayed.

The best place should be in your solitary place. A place where you will not be interrupted.

A Simple Plan

In Mathew 6:9 we learn that prayer must have a manner. Appropriately, you can follow this simple plan;

1. Settle in with a song

Psalm 100, we are admonished to “... *come into his presence with singing*”. A worshipful spirit easily connects with the presence of God.

2. Start with prayer

This is prayer to invite the Holy Spirit to lead and help you to fellowship. Read the following verses from the books of Romans and John;

ROMANS 8:26 MKJV

Likewise the Spirit also helps our infirmities. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered.

JOHN 16:13 MKJV

However, when He, the Spirit of Truth, has come, He will guide you into all truth. For He shall not speak of Himself, but whatever He hears, He shall speak. And He will announce to you things to come.

3. Soak in the Scriptures

Read and meditate on the word. Psalm 1 and Proverbs 28:9 affirms that, *“He that turneth away his ear from hearing the law, even his prayer shall be abomination”*.

4. Scribble what God shows you

Isaiah 30:7-8

For the Egyptians shall help in vain, and to no purpose: therefore have I cried concerning this, Their strength is to sit still.

*(8) Now go, **write it before them in a table, and note it in a book**, that it may be for the time to come for ever and ever:*

5. Speak back to God

1 CORINTHIANS 14:2

For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him ; howbeit in the spirit he speaketh mysteries.

Remember, you need a Bible, a pen, a note book, and a hymn book.

Final Admonitions

Dear friend, as you set out in life, be guided by these truths.

Beware of Covetousness

To be covetous is to be inordinately desirous. Coveteousness is a monster who destroys.

LUKE 12:15

And he said unto them, Take heed, and beware of covetousness: for a man's life consisteth not in the abundance of the things which he possesseth.

**A Man's Life Does Not Consist
of the Abundance of Things He
Possesses**

Do not allow yourself to be fooled by the seemingly general mad rush for wealth and possession. Human life goes beyond material possession. It is wise not to spend your lifetime chasing after things. You can live a much better life without most of the things people chase after.

We Brought Nothing into the World and We Will Carry Nothing Out

It is futile to work for things that are earthly, ephemeral, and temporary. Christ teaches that we should not labour for meat. Read John 6:27, He said,

Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.

The Bible says in 1 Timothy 6:6-8 that,

But godliness with contentment is great gain.

(7) For we brought nothing into this world, and it is certain we can carry nothing out.

(8) And having food and raiment let us be therewith content.

Those Who Hasten to Be Rich Fall into Many Foolish and Hurtful Lusts that Drown Men into Destruction

Remember that, *“they that will be rich fall into temptation and a snare, and into many foolish and hurtful lusts, which drown men in destruction and perdition. (10) For the love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows”.*
(1 Timothy 6:9-10)

You Do Not Need Much to Live Life

There are four fundamental things that God desires for every man. In fact, when we get more than these fundamental provisions, then our abundance is supposed to supply the needs of others³. The apostle Paul teaches in 2 Corinthians 8:9-15 that,

2 CORINTHIANS 8:9-15

For ye know the grace of our Lord Jesus Christ, that, though he was rich, yet for your sakes he became poor, that ye through his poverty might be rich.

(10) And herein I give my advice: for this is expedient for you, who have begun before, not only to do, but also to be forward a year ago.

(11) Now therefore perform the doing of it; that as there was a readiness to will, so there may be a performance also out of that which ye have.

(12) For if there be first a willing mind, it is accepted according to that a man hath, and not according to that he hath not.

3 Rev. Noah Simpe Bediako teaches on this subject in details in his book, *‘That You Might Be Rich’*. Available at <https://simpebediako.com>

(13) For I mean not that other men be eased, and ye burdened:

(14) But by an equality, that now at this time your abundance may be a supply for their want, that their abundance also may be a supply for your want: that there may be equality:

(15) As it is written, He that had gathered much had nothing over; and he that had gathered little had no lack.

There are four fundamental provisions necessary for living, which God empowers everyone to acquire. Ecclesiastes 9:7-10 enumerates these four factors as;

1. Food you can eat with joy
2. Clothing you can wear with character and Godly grooming
3. Love you can enjoy⁴
4. Something you can do with your might

ECCLESIASTES 9:7-10 MKJV

(7) Go, eat your bread with joy, and drink your

4 Rev. Noah Simpe Bediako's book, *Finding Love You Can Enjoy*, teaches on this. Download your copy at <https://simpebediako.com>

wine with a merry heart; for God now is pleased with your works.

(8) Let your garments be always white; and let your head lack no ointment.

(9) Look on life with the wife whom you love all the days of the life of your vanity, which He has given you under the sun, all the days of your vanity. For that is your share in this life, and in your labor which you labor under the sun.

(10) Whatever your hand finds to do, do it with all your might; for there is no work, nor plan, nor knowledge, nor wisdom, in the grave where you go.

A Man Can Receive Nothing Except It Be Given Him from Above

JOHN 3:27

John answered and said, A man can receive nothing, except it be given him from heaven.

Whenever You Work, Hope for a Reward but Focus on the Goal

If I was waiting till I received payment, I would never have written a book. Now, although I hope to be rewarded handsomely as a result of my achievement, I am focused on the goal and not the reward. The reward comes after a significant achievement. Your goal must however drive you to achieve. You must strive to achieve your goal at all costs, if you want the reward.

Beware of Strange Persons

Besides covetousness, every one of us should beware of strange persons.

The Mouth of Strange Persons are as Deep Pits

PROVERBS 22:14

The mouth of strange women is a deep pit: he that is abhorred of the LORD shall fall therein.

Strange Persons Will Turn Your

Heart away from God

PROVERBS 7:25

Let not thine heart decline to her ways, go not astray in her paths.

1 KINGS 11:1-6 MKJV

(1) And King Solomon loved many foreign women, even the daughter of Pharaoh, Moabites, Ammonites, Edomites, Sidonians, Hittites;

(2) of the nations which Jehovah had said to the sons of Israel, You shall not go in to them, and they shall not go in to you; surely they will turn away your heart after their gods. Solomon clung to these in love. (3) And he had seven hundred wives, princesses, and three hundred concubines. And his wives turned away his heart.

(4) For it happened when Solomon was old, his wives turned away his heart after other gods. And his heart was not perfect with Jehovah his God, as was the heart of David his father.

(5) For Solomon went after Ashtoreth, the goddess of the Sidonians, and after Milcom, the abomination of the Ammonites;

(6) and Solomon did evil in the sight of Jehovah, and did not go fully after Jehovah like his father

David.

The House of Strange Persons is the Way to Hell

PROVERBS 7:26-27

For she hath cast down many wounded: yea, many strong men have been slain by her.

(26) Her house is the way to hell, going down to the chambers of death.

Beware of Wine

If you want to achieve heights, you must stay away from wine, beer, stouts and liquor. In Proverbs 23, the Bible teaches us to stay away from wine when it is red. This is because;

Wine Makes a Brawler and Brings Wounds Without a Cause

PROVERBS 23:29-30 MKJV

Who has woe? Who has sorrow? Who has fighting? Who has babbling? Who has wounds

without cause? Who has redness of eyes?

(30) Those who stay long at the wine, those who go to seek mixed wine.

Wine Bites Like a Serpent

PROVERBS 23:31-32 MKJV

Do not look upon the wine when it is red, when it gives its color in the cup, when it goes down smoothly

(32) At the last it bites like an asp and stings like an adder.

Wine Makes Men Lust After Strange Women

PROVERBS 23:33 MKJV

Your eyes shall look upon strange women and your heart shall speak perverse things.

Wine Causes the Heart to Utter

Perverse and Foolish Things

Men never talk nonsense until they are influenced by alcohol. Wine compromises the strength of the conscience.

Wine Makes Men Stagger

PROVERBS 23:34-35 MKJV

Yes, you shall be as one who lies down in the middle of the sea, or as one who lies upon the top of a mast,

(35) saying, They struck me; I was not sick; they beat me, but I did not know it. When I awaken, I will add more. I will seek it again.

Wine Stifles Performance

It is said that wine provokes desire and takes away the performance

Wine Precipitates Poverty

PROVERBS 23:19-21 MKJV

My son, hear and be wise, and guide your heart in the way.

(20) Do not be among those who drink much wine, among gluttons for flesh for themselves,

(21) for the drunkard and the glutton lose all, and sleepiness shall clothe a man with rags.

My sons and daughters, heed these warnings.

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Noah Simpe Bediako

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